

# **Parent Resource Guide for Mental Health, Substance Abuse & Support Group Services**

### Crisis Intervention Resources

<p><b>Early Intervention Support Services (Crisis Intervention)</b>                  Atlanticare Behavioral Health Services                  1601 Atlantic Avenue                  Atlantic City, NJ 08401                  609-344-1118                  Children’s Mobile Response: 877-652-7624</p>	<p><b>Primary Screening Center for Atlantic PIP at Atlanticare Regional Medical Center</b>                  1925 Pacific Avenue                  Atlantic City, NJ 08401                  Hotline: 609-344-1118</p>
<p><b>Cape May Regional Medical Center</b>                  2 Stone Harbor Boulevard                  Cape May Court House, NJ 08210                  Hotline                  609-465-5999</p>	<p><b>Perform Care</b>                  24 Hours a Day, Seven Days a Week                  1-877-652-7624                  1-866-896-6975(for the hearing impaired)  <a href="http://www.performcare.org/">http://www.performcare.org/</a></p>

### Mental Health and Substance Abuse Resources

<p><b>Nancy Crafts Counseling Service</b>                  223 S. Main Street                  Cape May Court House, NJ 08210</p> <p>609-465-7788                  Hours: M-F 8:30am - 9:00pm                  Sa &amp; Sun 10:00am - 4:00pm</p> <ul style="list-style-type: none"> <li>• Children, adolescents, adults; mental health and substance abuse services; substance abuse program provides one group meeting and individual meeting per week.</li> </ul>	<p><b>The Thrive Program</b>                  228 Kings Hwy E #102                  Haddonfield, NJ 08033                  (also an Egg Harbor Twp location)                  Phone: 609-889-8100  <a href="http://wherekidsthrive.com">http://wherekidsthrive.com</a></p> <ul style="list-style-type: none"> <li>• Trauma informed play therapy</li> </ul>
<p><b>Center for Eating Disorder Care</b>                  1 Plainsboro Road.                  Plainsboro, NJ 08536                  609-853-7575  <a href="http://Princetonhcs.org/eatingdisorders">Princetonhcs.org/eatingdisorders</a></p>	<p><b>Families Matter, LLC</b>                  899 Bayshore Road                  Villas NJ 08251  <b>609-886-8666</b></p>

	<ul style="list-style-type: none"> <li>• Services all ages; mental health and substance abuse; bi-lingual; medication-assisted substance abuse treatment; trauma.</li> </ul>
<p><b>Dr. Buzz Mingin</b>          135 Eayrestown Road, Unit A          Southhampton, NJ 08088          Cell: 609-261-1022          Fax: 609-975-8098  <a href="mailto:debuzz@buzzmingin.com">debuzz@buzzmingin.com</a>  <a href="http://www.drbuzzmingin.com">www.drbuzzmingin.com</a></p> <ul style="list-style-type: none"> <li>• Dr. Buzz offers services to parents to help them with their child’s behavioral and/or emotional challenges.</li> </ul>	<p><b>ACENDA Integrated Health</b></p> <p>Atlantic County Location: 6821 E. Black Horse Pike, E.H.T, NJ 08234</p> <p>Cape May County Location: 128 Crest Haven Road, CMCH, NJ 08210</p> <p>844-4-ACENDA  <a href="http://acendahealth.org">acendahealth.org</a></p> <p>Children &amp; Family Services          Geona on-site Pharmacy          Intensive Outpatient Services          Partial Care Programs          Recovery &amp; IDRC Services</p>
<p><b>Ride the Wave Counseling</b>  <i>(formerly) Center for ADHD</i>          6 Shore Road          Linwood, NJ 08221          609-798-1565  <a href="http://www.adhdnj.com">www.adhdnj.com</a></p> <ul style="list-style-type: none"> <li>• Social Skills Programs for Boys</li> <li>• Individual Social Thinking Instruction</li> <li>• Executive Function Treatment</li> <li>• Therapy for self-regulation skills &amp; social anxiety</li> </ul>	<p><b>Outpatient</b></p> <p>Atlanticare Behavioral Health Child &amp; Adol. Unit          Black Horse Pike          Egg Harbor Township, NJ 08234          609-272-0909</p> <ul style="list-style-type: none"> <li>• Services individuals from 3 to 17 years of age and their families.</li> <li>• Services include: Individual Counseling, Family Counseling, Psychiatric Evaluations &amp; Medication Monitoring, Group Therapy for Substance Abuse.</li> </ul>
<p><b>Recovery Center of America at Lighthouse</b></p>	<p><b>Daytop New Jersey</b></p>

<p>5034 Atlantic Avenue Mays Landing, NJ 08330 888-981-3217</p> <ul style="list-style-type: none"> <li>• Services provided: Adult in-patient, Outpatient, Medically supervised detox &amp; Rehab services</li> </ul>	<p>9 Harding Highway Pittsgrove, NJ 08318 (856) 358-4111 <a href="http://daytopnj.org/locations/">http://daytopnj.org/locations/</a></p> <ul style="list-style-type: none"> <li>• Ages 13 – 20: In-patient substance abuse treatment</li> </ul>
<p><b>Renfrew Center for Eating Disorders</b> 15000 Midatlantic Dr. Ste. 101 Mt. Laurel, NJ 08054 856-778-7105 <a href="http://renfrewcenter.com">http://renfrewcenter.com</a></p> <ul style="list-style-type: none"> <li>• Inpatient services, outpatient services, day treatment, specialized programming, nutrition, experiential therapy, etc.</li> </ul>	<p><b>Integrated Case Management Services</b> Jewish Family Services of Atlantic County 607 North Jerome Avenue Margate, NJ 08402 609-822-1108</p> <ul style="list-style-type: none"> <li>• Outpatient, Individual &amp; Family Counseling, Specialty Center for Youth Interventions, Psychiatric Services, Autism Spectrum Services &amp; Functional Family Therapy.</li> </ul>
<p><b>Substance Abuse Counseling &amp; Treatment</b> Atlantic County TRY IT Program Northfield, NJ 609-645-7700 ext 4334 or 4331 <a href="http://www.aclink.org/intergenerational">www.aclink.org/intergenerational</a></p> <ul style="list-style-type: none"> <li>• Services provided: Outpatient Substance Abuse Services for youth aged 12-18 and their families residing in Atlantic County. Services include assessment, treatment planning, referral, psycho educational group process, and reintegration of youth to their homes and families upon return from residential treatment centers. Short term group services are offered at four sites.</li> </ul>	<p><b>Juvenile and Family Crisis Center</b> Northfield, NJ 609-645-5862 ext. 4330 (daytime) 609-645-5861 (evenings)</p> <ul style="list-style-type: none"> <li>• Assistance for families experiencing serious difficulties in managing the behavior of children 10-17</li> <li>• Court-affiliated program aimed at interceding in family conflicts</li> <li>• Services include: short-term crisis stabilization, family assessment, case management, treatment planning, and referrals to community-based services.</li> </ul>

<p><b>Atlantic County Prevention Resources</b>                  Absecon 609-272-0101 (Prevention)                  Pleasantville 609-272-0964 (Treatment)                  www.atlprev.org</p> <ul style="list-style-type: none"> <li>• Services Provided: Substance Abuse Prevention, Counseling &amp; Treatment</li> </ul>	<p><b>Jewish Family Services</b>                  Family Success Center                  1046-B Route 47                  Rio Grande, NJ 08424                  609-822-1108 x230                  www.jfsatlantic.org</p> <ul style="list-style-type: none"> <li>• Services Provided: Trauma Focused-Cognitive Behavior Therapy</li> </ul>
This cell is intentionally left blank with a grey background	<p><b>Enlightened Solutions</b>                  600 Odessa Ave.                  Egg Harbor City, NJ 08215                  609-270-5050                  833-801-5483 (Admissions)  <a href="https://www.enlightenedsolutions.com/">https://www.enlightenedsolutions.com/</a></p> <ul style="list-style-type: none"> <li>• Treatment: Mental Disorders, Addictions &amp; Holistic Treatment</li> <li>• Services: Individual Therapy, Family Therapy, Partial Care Program, Intensive Outpatient Program, Outpatient program</li> </ul>

### Support Groups

<p><b>Al-Anon Family Group</b>                  Information Services: <b>973-744-8686</b> (Mon-Fri 9-5) Spanish speaking <b>973-268-1260</b>                  www.southjerseyal-anon.org</p>	<p><b>Grief Support Group</b>                  Cape Regional Medical Center,                  2 Stone Harbor Blvd, Maruchi Room,                  Cape May Court House.                  Call Bonnie Kratzer, RN 609-463-4043</p>
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<ul style="list-style-type: none"> <li>This 12 Step program is for families and friends of alcoholics. Offers comfort, hope and friendship through shared experiences. Includes groups for children and adult children</li> </ul>	<p style="text-align: right;">jkratzer@caperegional.com</p> <ul style="list-style-type: none"> <li>This group provides support for those who have lost a loved one. Building is handicapped accessible. Meets 1<sup>st</sup> and 3<sup>rd</sup> Wed 3-5pm.</li> </ul>
<p style="text-align: center;"><b>Alcoholics Anonymous Group</b> 1-866-256-1378 609-641-8855 www.capeatlanticaa.org</p> <ul style="list-style-type: none"> <li>12 Step Fellowship of men and women who share their experience, strength and hope with each other to recover from alcoholism.</li> </ul>	<p style="text-align: center;"><b>Al-Anon Family Group</b> Location: Enlightened Café 6414 Ventnor Avenue Ventnor, NJ (609) 594-5283</p> <ul style="list-style-type: none"> <li>Sundays: 5pm – 6pm</li> </ul>
<p style="text-align: center;"><b>Nar-Anon Family Group</b> Call Nar-Anon Answering Services 609-587-7215 www.naranonofnj.org</p> <ul style="list-style-type: none"> <li>This 12 step program provides help for family members and friends of drug abusers (offering comfort, hope and friendship through shared experiences).</li> </ul>	<p style="text-align: center;"><b>Narcotics Anonymous Group</b> Call 1 800 992 0401 or 732 933 0462 www.nanj.org</p> <ul style="list-style-type: none"> <li>This group is a 12 Step fellowship of men and women seeking recovery from drug addiction. The only requirement for membership is the desire to stop using drugs.</li> </ul>
<p style="text-align: center;"><b>Alateen Group</b> Call Al-Anon information services <b>856-547-0855</b> (10am-3pm) or <b>973-744-8686</b> (Mon – Fri 9-5) Spanish speaking <b>973-268-1260</b> www.southjerseyal-anon.org</p> <ul style="list-style-type: none"> <li>This 12 step program is for youth ages 9-19 who have been affected by someone else’s drinking. An active adult member of Al-Anon serves as a sponsor.</li> </ul>	<p style="text-align: center;"><b>Alateen Group Continued...</b></p> <p>Local meetings:</p> <ul style="list-style-type: none"> <li>Church of the Resurrection, 200 West Tuckahoe Rd. Marmora NJ. (Th 8pm)</li> <li>St. John’s Lutheran Church, 1001 Central Ave. (alley entrance) Ocean City, NJ (Tue 8pm)</li> </ul>

<p style="text-align: center;"><b>Intensive Family Support Services</b>                  Mental Health Association of New Jersey                  4 East Jimmy Leeds Road                  Galloway, NJ 08205                  609-652-3800                  www.mhaac.info</p> <ul style="list-style-type: none"> <li>● Consumer Support Group: ICE Wellness Program</li> <li>● Family support Groups: Intensive Family Support Services</li> </ul>	<p style="text-align: center;"><b>Community-Based Resource</b>                  Youth Advocate Program (YAP)                  1125 Atlantic Avenue Suite 711                  Atlantic City, NJ 08401                  609-345-7333                  609-345-7566                  www.yapinc.org/NJ</p> <ul style="list-style-type: none"> <li>● YAP specializes in working with individuals with Autism Spectrum Disorders, cross-system youth, and youth who have experienced trauma.</li> </ul>
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<p style="text-align: center;"><b>Community-Based Resource</b>                  Atlantic County Women’s Center                  1201 New Road,                  Suite 240                  Linwood NJ 08221                  (P) 609 601-9925 (F) 609 601-2975                  24/7 Hotline: 1-800-286-4184                  http://www.acwc.org/</p>	<p style="text-align: center;"><b>Atlantic/Cape Family Support Organization</b>                  950 Tilton Rd, Suite 108                  Northfield, NJ 08225                  http://acfamsupport.org/home/contact-us/                  Ph: 609-485-0575 Fax: 609-485-0467</p> <p style="text-align: center;"><i>Cape May Office:</i>                  1046B Route 47                  Rio Grande, NJ 08242                  Ph: 609-778-6222 Fax: 609-886-2353</p>
<p style="text-align: center;"><b>Families F.I.R.S.T. Support Group</b>                  Family Success Center of Cape May County.                  1046 NJ-47                  Rio Grande.                  609-778-6226</p>	

<ul style="list-style-type: none"> <li>Professionally-run group. Mutual support for individuals with a mental illness. Families welcome. Building is handicapped accessible. Guest speakers (topic changes monthly), literature and phone help. Meets 1<sup>st</sup> Thursday 1-2:30pm.</li> </ul>	
	<p><b>Grandparents Raising Grandchildren</b></p> <p>Family Success Center of Cape May County, 1046 NJ-47, Rio Grande 609-778-6226</p> <p>facilitator: Christine Sellers</p> <ul style="list-style-type: none"> <li>Professionally run group. Support and education for grandparents raising grandchildren. Building is handicapped accessible. Guest speakers and literature. Meets 2<sup>nd</sup> and 4<sup>th</sup> Thurs, 10 am-12:00pm.             <ul style="list-style-type: none"> <li>Childcare available</li> </ul> </li> </ul>
<p><b>Community-Based Peer Support Groups</b> Parents Anonymous 800-THE-KIDS <a href="http://www.parentsanonymous.org/network/new-jersey/">www.parentsanonymous.org/network/new-jersey/</a></p> <ul style="list-style-type: none"> <li>Parents Anonymous® is both an intervention and prevention program where parents and their children are empowered to create positive and long-term change for their families.</li> </ul>	<p><b>Families F.I.R.S.T</b> 1129 Route 9 South Cape May Court House, NJ08210 609-778-6136</p> <ul style="list-style-type: none"> <li>Services families caring or supporting a family member with severe and persistent mental illness.</li> </ul>
<p><b>Parent to Parent</b> 1010 B Tuckerton Road</p>	<p><b>Human Trafficking Victim Assistance Hotline</b></p>



<p>Marlton, NJ 08053 609-374-2526 <a href="http://www.parent2parentnj.org">www.parent2parentnj.org</a></p> <ul style="list-style-type: none"> <li>Services parents and family members of those affected by Substance Use Disorders</li> </ul>	<p>If you believe you are a victim or have identified a victim of human trafficking, please call this Hotline:</p> <p>888-373-7888 855-363-6548</p>
<p><b>Spanish Community Center- Shore AHEC</b> 3900 Ventnor Avenue Atlantic City, NJ 08401 Phone: 609-345-1249 Fax: 609-345-8533</p> <ul style="list-style-type: none"> <li>Hours of Operation:</li> </ul> <p>Monday – Thursday 8:30am – 4:30pm Closed for Lunch: 12:00pm – 1:00pm Friday 8:30 – 12:00pm</p>	<p><b>Support Mentoring and Resource Team</b> 304 Joseph Ave. Linwood, NJ 08221 SmartSouthJersey.com</p> <ul style="list-style-type: none"> <li>Support coordination by local people for local people</li> </ul>

**Department of Children and Families’ Hotlines & Help Lines**

<p><b>CHILD ABUSE/NEGLECT HOTLINE</b> <b>1-877-NJ ABUSE (652-2873)</b> <b>1-800-835-5510 (TTY)</b> <b>24 hours a day - 7 days a week</b> Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report it to the Division of Child Protection and Permanency (formerly DYFS). Calls can be made anonymously.</p>	<p><b>FAMILY HELPLINE</b> <b>1-800-THE-KIDS (843-5437)</b> <b>24 hours a day - 7 days a week</b> If you're feeling stressed out, call the Family Helpline and work through your frustrations before a crisis occurs. You'll speak to sensitive, trained volunteers of Parents Anonymous who provide empathic listening about parenting and refer you to resources in your community.</p>
<p><b>FAMILY HELPLINE</b> <b>1-800-THE-KIDS (843-5437)</b></p>	<p><b>SAFE HAVEN INFANT PROTECTION HOTLINE</b></p>

<p><b>24 hours a day - 7 days a week</b>                  If you're feeling stressed out, call the Family Helpline and work through your frustrations before a crisis occurs. You'll speak to sensitive, trained volunteers of Parents Anonymous who provide empathic listening about parenting and refer you to resources in your community.</p>	<p><b>1-877-839-2339</b>  <b>24 hours a day - 7 days a week</b>                  This is a toll free hotline for distressed parents who wish to give up an unwanted infant anonymously, with no fear of arrest or prosecution. While information will be requested, no names or records are required.</p>
<p><b>KINSHIP NAVIGATOR PROGRAM 211</b>  <b>24 hours a day - 7 days a week</b>                  Kinship caregivers are people who have taken on the responsibility for raising their relatives' children. Grandparents and other relatives can call this number to find out what services may be available to them.</p>	<p><b>KINSHIP NAVIGATOR PROGRAM 211</b>  <b>24 hours a day - 7 days a week</b>                  Kinship caregivers are people who have taken on the responsibility for raising their relatives' children. Grandparents and other relatives can call this number to find out what services may be available to them.</p>
<p><b>NJ DOMESTIC VIOLENCE HOTLINE 1-800-572-SAFE (7233)</b>  <b>24 hours a day - 7 days a week</b>                  This hotline serves domestic violence victims and others seeking information about domestic violence services.</p>	<p><b>NJ COALITION AGAINST SEXUAL ASSAULT (NJCASA) HOTLINE 1-800-601-7200</b>  <b>24 hours a day - 7 days a week</b>                  NJCASA is the collective voice for victims of sexual violence, their loved ones and rape crisis centers across NJ. Its member centers represent each of NJ's 21 counties. This hotline connects individuals affected by sexual violence with professionals that provide assistance and referrals. Calls will be routed to the individual's closest rape care center.</p>
<p><b>WOMEN'S REFERRAL CENTRAL 1-800-322-8092</b>  <b>24 hours a day - 7 days a week</b>                  This hotline provides referrals and basic information in areas such as discrimination,</p>	<p><b>FOSTER HOME RECRUITMENT LINE 1-877-NJ-FOSTER (653-6783)</b>  <b>9 a.m. - 5 p.m. Monday - Friday</b>                  Many children in New Jersey need temporary homes until their parents are able to care for them</p>

<p>housing, displaced homemakers, divorce, violence and other areas of concern.</p>	<p>or until a permanent home is found. Call to learn how you can open your heart and your home by becoming a foster parent.</p>
<p><b>ADOPTION HOTLINE</b>  <b>1-800-99-ADOPT (992-3678)</b>  <b>9 a.m. - 5 p.m. Monday - Friday</b>                  If you have love to share, consider adopting a child into your family. Call to learn how you can give a child a permanent home by adopting a child with special needs.</p>	<p><b>DCF INFO LINE</b>  <b>1-855-INFO-DCF (1-855-463-6323)</b>  <b>8:30 a.m. - 4:30 p.m. Monday - Friday</b>                  This helpline provides callers with general information about DCF programs and services.</p>
<p><b>DCF OFFICE OF ADVOCACY</b>  <b>1-877-543-7864</b>  <b>8:30 a.m. - 4:30 p.m. Monday - Friday</b>                  This helpline provides a timely response to issues and concerns regarding programs and services provided by DCF</p>	<p><b>Statewide Parent Advocacy Network (SPAN)</b>  <b>1-800-654-SPAN (7726)</b>                  This organization provides support to parents and caregivers, and advocates for their rights.</p>

**Other Important Hotlines for Families Continued.....**

<p><b>NJ 2-1-1</b>                  2-1-1 or <a href="http://www.nj211.org">www.nj211.org</a>                  This number can connect you with various social services in your community</p>	<p><b>ADDICTIONS HOTLINE OF NJ</b>                  1-800-238-2333</p>
<p><b>DIVISION OF DISABILITY SERVICES (DDS)</b>                  1-888-285-3036                  1-609-292-1210 TTY</p>	<p><b>CHILD CARE HELP LINE</b>                  1-800-332-9227</p>
<p><b>DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)</b>                  1-800-832-9173</p>	<p><b>DIVISION OF THE DEAF AND HARD OF HEARING (DDHH)</b>                  1-800-792-8339 V/TTY</p>

<p><b>CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND</b>                  1-800-335-FUND                  (1-800-335-3863)                  1-877-294-4356 TTY                  (voice callers use 7-1-1 NJ Relay)</p>	<p><b>COMMISSION FOR THE BLIND &amp; VISUALLY IMPAIRED (CBVI) HOTLINE</b>                  1-877-685-8878</p>
<p><b>CHILD SUPPORT HOTLINE</b>                  1-877-NJ KIDS1                  (1-877-655-4371)</p>	<p><b>DISASTER MENTAL HEALTH</b>                  1-877-294-HELP                  (1-877-294-4357)</p>
<p><b>DIVISION OF FAMILY DEVELOPMENT (DFD)</b>                  1-800-792-9773</p>	<p><b>DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES</b>                  1-800-356-1561</p>
<p><b>EARNED INCOME TAX CREDIT (EITC)</b>                  Federal: 1-800-929-1040                  State: 1-888-895-8179</p>	<p><b>DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES (DMHAS)</b>                  1-800-382-6717</p>
<p><b>NJ SNAP (formerly Food Stamps)</b>                  1-800-687-9512</p>	<p><b>GAMBLING ADDICTION</b>                  1-800-GAMBLER                  (1-800-426-2537)</p>
<p><b>GOOD NEIGHBORS - COMMUNITY LIVING FOR PEOPLE WITH DISABILITIES</b>                  1-877-DHS-LINE                  (1-877-347-5463)</p>	<p><b>Statewide Parent Advocacy Network (SPAN)</b>  <b>1-800-654-SPAN (7726)</b>                  This organization provides support to parents and caregivers, and advocates for their rights.</p>