


Ocean City High School

January 2019

	1	2	3	4
	School Closed Winter Recess	Mini Chicken Corn Dog Nuggets Au Gratin Potatoes	Chicken Cutlet Parmesan Sandwich Peas & Carrots	Ground Beef & Gravy Over Egg Noodles Sautéed Mixed Veggies
7	8	9	10	11
Cheese Lasagna Roll Ups Garlic Bread Green Beans	Homemade Chicken Fajitas Strip w/ Peppers Let/Salsa/Sour Cream Sweet Corn	Hot Dog on a Bun Baked Beans Tater Tots	Chicken Drumstick Garlic Buttered Noodles Sautéed Spinach	 Cheesy Bread Chili w/ a Garlic Cheese Clabatta & Spicy Beef Chili
14	15	16	17	18
Gyro Pita Sandwich Or Chicken Cheese Sandwich Let/Tom/Sauce Potato Wedges	Taco Day Yellow Rice Let/Salsa/Sour Cream Cheesy Refried Beans	Homemade Meatloaf Mac & Cheese Green Beans	Zesty Oriental Orange Popcorn Chicken Seasoned Rice Stir Fry Veggies	Chicken Alfredo over Pasta Garlic Bread Seasoned Spinach
21	22	23	24	25
School Closed Martin Luther King, Jr.	 Walking Taco Chili w/ Doritos, Shredded Cheese & White Bean Chicken Chili Let/Salsa/Sour Cream Sweet Corn	Sheppard's Chicken & Veggie Pot Pie Cucumber Salad	Texas Toast Bacon Grilled Cheese Homemade Potato Salad	Jamaican Jerk Baked Chicken Brown Rice Sautéed Arugula
28	29	30	31	
Philly Cheesesteak Ciabatta Sandwich Sweet Potato Fries	Nachos Grande Supreme Let/Salsa/Sour Cream Spiced Beans	Loaded Cheesy Baked Potato Bar Pretzel Rod Baby Carrots	Sweet n Sour Chicken Strips Over Lo Mein Noodles Mixed Veggies	

Offered Daily:.....

Assorted Fresh Fruits, 100% Fruit Juice, Chilled Fruit Cups
Milk – Fat Free, 1% Skim & Fat- Free

Daily Entrée Offerings....

Salad Bar – Build Your Own Salad, Pizza, Chicken Nuggets, Chicken Sandwiches, Burgers, Steaks, Cold Sandwiches/Wraps

Check out our daily entrée menu for more information!