Ocean City Intermediate School Breakfast Menu March 2019 refresh. refuel. relax. **Cinnamon Donut** 100% Fruit Juice 6 Cocoa Banana **French Toast Sticks** Turkey Sausage **Pancakes Powdered Pancake Maple Wrap** & Maple Syrup Smoothie w/ **Donut** w/Syrup (v) (v) **Graham Crackers** 100% Fruit Juice 12 13 14 15 11 Egg & Cheese Blushberry Egg & Cheese **Pancakes** Maple Glazed **Flatbread Melt** Smoothie w/ **Biscuit** w/Syrup **Donut** (v) **Graham Crackers** (v) 100% Fruit Juice 18 19 20 22 Cocoa Banana No School Cinnamon Sugar **French Toast Sticks Pancakes** Smoothie w/ **Donut** & Maple Syrup w/Syrup **Graham Crackers** Staff In-service (v) (v) **Full Day** 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice Student Early Dismissal 26 27 25 29 Turkey Sausage **Chocolate Glazed Pancakes** Apple Smoothie w/ Chicken Sausage **Pancake Maple Wrap Donut** w/Syrup & Cheese Biscuit **Graham Crackers** (v) 100% Fruit Juice Offered Daily: Daily Entrée Choice- Fresh Bagel with Cream Cheese Assorted Fresh Fruits. Entrée Choices-Pick 2 Items (v) Pick Item One: Assorted Cereals, Cinnamon, Strawberry or 100% Fruit Juice, Chilled Fruit Cups Blueberry Pop-Tarts, Blueberry, Banana or Chocolate Muffins, Fruit & Milk- Fat Free Chocolate, 1% White, Skim White Pick Item Two: Low Fat String Cheese, Animal Crackers

