



September 2019 OCPS Pre-K

WELCOME BACK STUDENTS & STAFF!!!!



Wellness: Try Something New...

Breakfast Meal Prices:
Reduced Price \$.30
(Pay for the month \$5.40)
Full Price \$1.35 (pay for the
month \$24.30)
Lunch Meal Prices:
Reduced Price \$.40
(Pay for the month \$7.20)
Full Price \$3.00 (pay for the
month \$54.00)

Did you know you can
monitor your child's Food
Service Account online?
Visit:
www.myschoolbucks.com
& register for free account.
You can set low-balance
reminders & make on-line
payments.



Free & Reduced Price
Meals.
Do you qualify for free &
reduced priced meals?
Scan this code to find out
more information.

5 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
Mac & Cheese,
Applesauce, Carrot
Sticks & Ranch
Dressing

6 **Breakfast:**
Blueberry Muffin,
Sliced Pears
& 1% Milk

Lunch:
Cheese Pizza, Green
Beans & Mandarin
Oranges

9 **Breakfast:**
Cinnamon Bug Bites,
Diced Peaches
& 1% Milk

Lunch:
Beef Hotdog on a Bun,
Cantaloupe &
Baked Beans

10 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
Triangle Turkey &
Cheese Wedge
Sandwich w/Apple
Slices, Broccoli Bites &
Ranch Dressing

11 **Breakfast:**
Teddy Graham
Crackers, Mixed Fruit
& 1% Milk

Lunch:
Chicken Nuggets,
Orange Wedges &
Green Peas

12 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
French Toast Sticks,
Applesauce, Carrot
Sticks & Ranch
Dressing

13 **Breakfast:**
Apple Cinnamon
Muffin, Sliced Pears
& 1% Milk

Lunch:
Cheese Pizza, Green
Beans & Mandarin
Oranges

16 **Breakfast:**
Cinnamon Bug Bites,
Diced Peaches
& 1% Milk

Lunch:
Chicken Tenders,
Cantaloupe &
Seasoned Carrots

17 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
Triangle Turkey &
Cheese Wedge
Sandwich w/Apple
Slices, Broccoli Bites &
Ranch Dressing

18 **Breakfast:**
Teddy Graham
Crackers, Mixed Fruit
& 1% Milk

Lunch:
Chicken Nuggets,
Orange Wedges
& Green Peas

19 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
Mini Maple Pancakes,
Applesauce, Carrot
Sticks & Ranch
Dressing

20 **Breakfast:**
Chocolate Muffin,
Sliced Pears
& 1% Milk

Lunch:
Cheese Pizza, Green
Beans & Mandarin
Oranges

23 **Breakfast:**
Cinnamon Bug Bites,
Diced Peaches
& 1% Milk

Lunch:
Cheeseburger on a
Bun,
Cantaloupe &
Corn

24 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
Triangle Turkey &
Cheese Wedge
Sandwich w/Apple
Slices, Broccoli Bites &
Ranch Dressing

25 **Breakfast:**
Teddy Graham
Crackers, Mixed Fruit
& 1% Milk

Lunch:
Chicken Nuggets,
Orange Wedges
& Green Peas

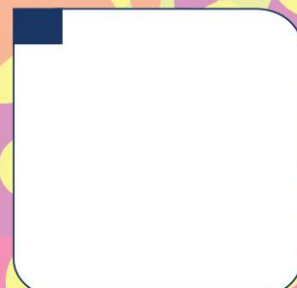
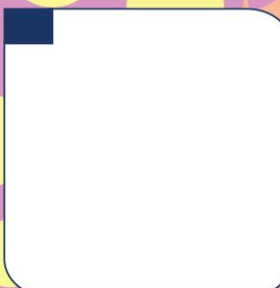
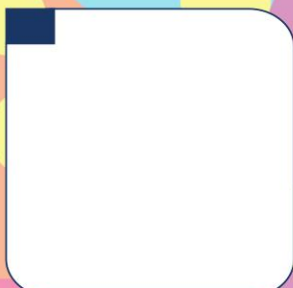
26 **Breakfast:**
Cereal Bowl w/Banana
& 1% Milk

Lunch:
French Toast Sticks,
Applesauce, Carrot
Sticks & Ranch
Dressing

27 **Breakfast:**
Blueberry Muffin,
Sliced Pears
& 1% Milk

Lunch:
Cheese Pizza, Green
Beans & Mandarin
Oranges

30 **MEATLESS
MONDAY**
Breakfast:
Cinnamon Bug Bites,
Diced Peaches
& 1% Milk
Lunch:
Grilled Cheese,
Cantaloupe & Cucumber
Slices



This institution is an equal opportunity provider.