



September 2019 OCPS

Rainbow Week – Red & Orange



WELCOME BACK STUDENTS & STAFF!!!!



Wellness: Try
Something New...

Breakfast Meal Prices:
Reduced Price \$.30
(Pay for the month \$5.40)
Full Price \$1.35 (pay for the month \$24.30)
Lunch Meal Prices:
Reduced Price \$.40
(Pay for the month \$7.20)
Full Price \$3.00 (pay for the month \$54.00)

Did you know you can monitor your child's Food Service Account online? Visit: www.myschoolbucks.com & register for free account. You can set low-balance reminders & make on-line payments.



Free & Reduced Price Meals.
Do you qualify for free & reduced priced meals? Scan this code to find out more information.

5 Breakfast:
Strawberry Apply Smoothie w/Granola
Lunch:
Mac & Cheese, Applesauce, Tater Tots & Carrot Sticks

6 Breakfast:
Glazed Cocoa Puff Donut
Lunch:
Cheese or Pepperoni Pizza, Green Beans, & Mandarin Oranges

9 Breakfast:
Turkey Maple Pancake Wrap
Lunch:
Beef Hotdog on a Bun, **Orange Cantaloupe**, Baked Beans & Cucumber Slices

10 Breakfast:
Egg, Cheese Bagel Sandwich
Lunch:
Chicken Parmesan & Spaghetti w/ **Red Apple Slices**, Corn & Broccoli Bites

11 Breakfast:
Powdered French Toast Sticks
Lunch:
Chicken Nuggets & Dinner Roll, **Orange Wedges**, Green Peas & Cherry Tomatoes

12 Breakfast:
Strawberry Blueberry Smoothie w/Granola
Lunch:
Dutch Waffle, **Ripe Red Strawberries Bites**, Applesauce, Tater Tots & Carrot Sticks

13 Breakfast:
Sugar Cinnamon Donut
Lunch:
Cheese or Pepperoni Pizza, **Orange Mandarin Slices** & Green Beans

16 Breakfast:
Turkey Maple Pancake Wrap
Lunch:
Chicken Tenders, Cantaloupe, BBQ Baked Beans & Cucumber Slices

17 Breakfast:
Egg, Cheese Biscuit Sandwich
Lunch:
Jumbo Cheese Ravioli & Garlic Toast w/Apple Slices, Corn & Broccoli Bites

18 Breakfast:
Pancakes
Lunch:
Chicken Nuggets & Dinner Roll, Orange Wedges, Green Peas & Cherry Tomatoes

19 Breakfast:
Strawberry Grape Smoothie w/Granola
Lunch:
Meatballs & Parsley Egg Noodles, Applesauce, Tater Tots & Carrot Sticks

20 Breakfast:
Rainbow Sprinkled Vanilla Glazed Donut
LET'S CELEBRATE ACES'S B-DAY!! (STICKER DAY)
Lunch:
Cheese or Pepperoni Pizza, Mandarin Oranges & Green Beans

23 Breakfast:
Turkey Maple Pancake Wrap
Lunch:
Cheeseburger on a Bun, Cantaloupe, Baked Beans & Cucumber Slices

24 Breakfast:
Egg, Cheese Bagel Sandwich
Lunch:
Nachos Doritos Top n Go w/Apple Slices, Corn & Broccoli Bites

25 Breakfast:
Powdered French Toast Sticks
Lunch:
Chicken Nuggets & Dinner Roll, Orange Wedges, Green Peas & Cherry Tomatoes

26 Breakfast:
Strawberry Pineapple Smoothie w/Granola
NATIONAL PANCAKE DAY!!
Lunch:
Mini Maple Pancakes, Applesauce, Tater Tots & Carrot Sticks

27 Breakfast:
Powdered Donut
Lunch:
Cheese or Pepperoni Pizza, Mandarin Oranges & Green Beans

30 Breakfast:
Turkey Maple Pancake Wrap
Lunch:
Grilled Cheese, Cantaloupe, BBQ Baked Beans & Cucumber Slices

Breakfast Entrée Choices- Pick 2 Items (v)

Pick Item One: Assorted Cereals, Cinnamon, Fudge, Strawberry or Blueberry Pop-Tarts, Blueberry, Banana or Chocolate Muffins, Low Fat Danimals Yogurt

Pick Item Two: Low Fat String Cheese, Animal Crackers

Lunch Daily Entrée Choices: PB&J Sandwich (v), PB Sandwich (v), Cheese Sandwich (v), Turkey & Cheese or Ham & Cheese Sandwich, Ace's Yogurt & Soft Pretzel Pack (v), Ace's Pizza Bagel Pack, Ace's Fruit, Yogurt Smoothie of the Day (v), Ace's Yogurt, String Cheese & Graham Cracker Pack (v)

Offered daily..... Carrot Sticks



This institution is an equal opportunity provider.