



September OCIS Lunch Menu

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Welcome back!!</p>			<p>5 Mac & Cheese Green Beans</p>	<p>6 Popcorn Chicken Flatbread Parmesan Sandwich Tater Tots</p>	<p>Special News... <i>Offered Daily...</i></p> <p>Assorted Fresh Fruits, 100% Fruit Juice, Fruit Cups Milk – Fat Free, 1% Skim & Fat-Free</p> <p>Daily Entrée Offerings....</p> <p>Salad Bar – Build Your Own Salad, Pizza, Chicken Nuggets, Chicken Sandwiches, Burgers, Steaks, Cold Sandwiches & Wraps</p> <p><small>Menus are subject to change without notice.</small></p>
<p>9 Breaded Chicken Drumstick Mashed Potatoes Biscuit</p>	<p>10 Nacho Dorito's Kick-in Pinto Beans</p>	<p>11 Sloppy Joe Sandwich Sweet Potato Tots</p>	<p>12 Baked Cheesy Penne Sweet Peas</p>	<p>13 Pizza Burger Sautéed Broccoli</p>	
<p>16 Meatloaf Parsley Egg Noodles Gravy Green Beans</p>	<p>17 Soft Tacos Let/Salsa/Cheese Cheesy Refried Beans</p>	<p>18 Orange Popcorn Chicken & Broccoli LoMein Noodles</p>	<p>19 Chicken Patty Waffle Maple Syrup Sandwich Tater Tots</p>	<p>20 Grilled Cheese Tomato Soup</p>	
<p>23 Popcorn Chicken Bowl (Mashed Potatoes, Corn & Cheddar Cheese) Breadstick</p>	<p>24 Tater Bite Chicken Nachos Kick-in Pinto Beans</p>	<p>25 Chicken Nugget Bowl w/ Hash Browns & Cheddar Scrambled Eggs Biscuit</p>	<p>26 Chicken Diced Veggie Teriyaki Yellow Rice</p>	<p>27 Cheesy Panini Sautéed Spinach</p>	
<p>30 Sweet Potato Bites & Popcorn Chicken Bowl w/Garlic Toast</p>					

Welcome Back!!!!

Special News...

Check out our daily entrée menu for more information!



This institution is an equal opportunity provider.