



OCHS Lunch Menu

September 2019

Welcome
Back!!!!

5

Grilled Cheese
Tomato Soup

6

Popcorn Chicken Bowl
(Mashed Potatoes,
Corn & Cheddar
Cheese)
Breadstick

9

Mac & Cheese
Italian Garlic Flatbread
Peas & Carrots

10

Nacho's Grande
Supreme
Let/Salsa/Cheese/
Sour
Cream/Jalapenos
Sweet Corn
Northern Beans

11

Jumbo Cheese Ravioli
& Marinara Sauce
Sautéed Garlic
Spinach
Garlic Toast

12

Chicken Parmesan
Penne Pesto Salad
Green Beans

13

BBQ Chicken Cheddar
Melt
Curly Fries

16

Meatloaf
Garlic Mashed
Potatoes Topped w/
Cheddar Cheese
& Gravy
Dinner Roll

17

Nacho Dorito's
Top n Go
Let/Salsa/Cheese/
Sour
Cream/Jalapenos
Sweet Corn
Northern Beans

18

Orange Popcorn
Chicken & Broccoli
LoMein Noodles

19

Bacon Ranch LT
Chicken Sandwich
Glazed Carrots

20

Criss Cut Cheese
Fry Burger
Sautéed Asparagus

23

Cheese Omelet
Ciabatta Garlic Bread
Sautéed Spinach

24

Cheese Enchilada
Let/Salsa/Cheese/
Sour
Cream/Jalapenos
Sweet Corn
Northern Beans

25

Chicken Nugget Bowl
w/ Hash Browns &
Cheddar Scrambled
Eggs
Biscuit

26

Sweet n Sour
Chicken Diced Veggie
Yellow Rice

27

Caribbean Sloppy
Joe Sandwich
Sautéed Coined
Carrots

30

Meatloaf
Cheeseburger
Buttered Mashed
Potatoes

Daily Entrée Offerings....

Salad Bar – Build Your Own Salad, Pizza, Chicken Nuggets, Chicken Sandwiches, Burgers, Steaks, Cold Sandwiches/Wraps

More info...

**Assorted Fresh Fruits, 100% Fruit Juice,
Chilled Fruit Cups
Milk – Fat Free, 1% Skim & Fat-Free**

More info...

**Check out our daily entrée menu
for more information!**