ATHLETIC TRAINING ROOM POLICIES

- 1. All athletes must sign-in **before** receiving treatment, evaluation, or consultation.
- 2. Report all injuries to one of the athletic trainers as soon as possible. The athletic trainer will determine if participation is appropriate or not. A player should not simply decide not to go to practice
- 3. NO cleats are allowed in the athletic training room and NO shoes on the tables
- 4. **NO** foul language or inappropriate behavior
- 5. If in athletic training room during school you must have a pass from one of the athletic trainers to be there and it can only be during a study hall or community lunch
- 6. All supplies and equipment must be given to you by an athletic training. NO stealing! Return all borrowed supplies to the athletic training room.
- 7. Wear proper attire for treatment (shorts and a t-shirt)
- 8. Be on time for treatment. You will be treated on a first-come first-serve basis (except when there is a game)
- 9. Any athlete returning to practice after an injury must receive clearance from one of the athletic trainers
- 10. Any athlete that sees a doctor **must** obtain written medical clearance before they may return to participation in their sport
- 11. Athletes are expected to be at practice on time, regardless of their need to see the athletic trainer. **Plan ahead** and report to the training room early. Injury evaluation and treatment may be scheduled during lunch or study hall with an athletic trainer if the appointment is made in advance
- 12. An injured athlete is still considered part of the team and is expected to be present at practices and games unless otherwise advised by an athletic trainer.
- 13. The athletic trainer may continue to hold out an athlete that has been cleared by a doctor when such action will result in a safer return to competition.
- 14. The athletic training room is a medical facility and should be treated as such!