

Ocean City Intermediate Grab n' Go Daily Breakfast Menu

Sandwiches

SAUSAGE, EGG & CHEESE MELT / BACON, EGG & CHEESE MELT / HAM & CHEESE MELT / EGG & CHEESE MELT (AVAILABLE W/OUT CHEESE)

Grab n' Go Pick 1

VARIETY OF DONUTS & MUNCHIE DONUTS / FRENCH TOAST STICKS W/ MAPLE SYRUP
STUFFED STRAWBERRY OR CINNAMON CREAM CHEESE BAGELS / VARIETY OF FLAVORED MUFFINS

Grab n' Go Pick 2

PICK ONE: HONEY NUT CHERRIOS, CINNAMON TOAST CRUNCH, TRIx, FROSTED FLAKES, LUCKY CHARMS OR COCOA PUFFS
STRAWBERRY, BLUEBERRY, CINNAMON OR FUDGE POPTART

WITH PICK ONE:
STRING CHEESE, GRAHAM CRACKERS OR PEANUT BUTTER

DAILY SIDES:

Select from a variety of fresh fruits, chilled fruit cup, 100% fruit juice, fresh veggies, & featured hot vegetable.

Milk: Skim, Fat Free Chocolate, 1 % White

What is included in a breakfast meal at the high School?

Breakfast includes choice of fruit & a milk

Full Paid: \$1.35

Reduced: \$0.30

To add money to accounts, go to www.mySchoolBucks.com or pay by cash payment or check made out to Ocean City Schools Cafeteria at any register.

Students may charge a meal. Ala carte items may not be charged.

