

# Ocean City High School Grab n' Go Daily Breakfast Menu

## Sandwiches

SAUSAGE, EGG & CHEESE MELT / BACON, EGG & CHEESE MELT / HAM & CHEESE MELT / EGG & CHEESE MELT (AVAILABLE W/OUT CHEESE)

## Grab n' Go Pick 1

VARIETY OF DONUTS & MUNCHIE DONUTS / FRENCH TOAST STICKS W/ MAPLE SYRUP  
STUFFED STRAWBERRY OR CINNAMON CREAM CHEESE BAGELS / VARIETY OF FLAVORED MUFFINS

## Grab n' Go Pick 2

PICK ONE: HONEY NUT CHERRIOS, CINNAMON TOAST CRUNCH, TRIx, FROSTED FLAKES, LUCKY CHARMS OR COCOA PUFFS  
STRAWBERRY, BLUEBERRY, CINNAMON OR FUDGE POPTART

**WITH** PICK ONE:  
STRING CHEESE, GRAHAM CRACKERS OR PEANUT BUTTER

### DAILY SIDES:

Select from a variety of fresh fruits, chilled fruit cup, 100% fruit juice, fresh veggies, & featured hot vegetable.

Milk: Skim, Fat Free Chocolate, 1 % White

### What is included in a breakfast meal at the high School?

Breakfast includes choice of fruit & a milk

Full Paid: \$1.35

Reduced: \$0.00

To add money to accounts, go to [www.mySchoolBucks.com](http://www.mySchoolBucks.com) or pay by cash payment or check made out to Ocean City Schools Cafeteria at any register.

Students may charge a meal. Ala carte items may not be charged.

