



February 2023

OCIS

LUNCH MENU

MON	TUES	WED	THURS	FRI
		1 Breakfast for Lunch	2 Deli Bar	3 Meatball Parmesan Buttered Broccoli
6 Mac & Cheese Chicken Tenders Buttered Spinach	10 Hard Tacos Let/Sour Cream/Salsa Rice/Corn/BBQ Black Beans	11 Breakfast for Lunch	12 Deli Bar	13 BBQ Chicken Mashed Potatoes & Gravy Biscuit
16 Rotini & Meat Sauce Garlic Bread Green Beans	17 Walking Tacos Let/Sour Cream/Salsa Rice/Corn/ Refried Beans	18 Breakfast for Lunch	19 Deli Bar	20 Grilled Cheese Tomato Soup
23 Spaghetti Meat Sauce Dinner Roll Sweet Peas	24 Soft Tacos Let/Sour Cream/Salsa Rice/Corn/Kick'in Pinto Beans	25 Breakfast for Lunch	26 Deli Bar	27 Cheese or Pepperoni Calzone & French Fries
30 Chicken Alfredo Penne w/Garlic Bread Sauteed Spinach	31 Walking Tacos Let/Sour Cream/Salsa Rice/Corn/ Refried Beans			

Offered Daily...

Assorted Fresh Fruits, 100% Fruit Juice, Fruit Cups
Milk – Fat Free, 1% Skim & Fat- Free

Daily Entrée Offerings....

Assorted Salads, Pizza, Chicken Nuggets, Chicken Sandwiches, Burgers, Steaks, Cold Sandwiches & Wraps

Lunch Paid is \$3.25
Reduced \$.00

Powering potential.



Select from a variety of fresh fruits, chilled fruit cup, 100% fruit juice.

Milk: Skim, Fat Free Chocolate, 1 % White



This institution is an equal opportunity providers