

FALL SPORTS SIGN-UP FOR OCIS

All Intermediate School sports: physical dated 8/31/2022 and after



PHYSICAL EXAMINATION

- Must be completed within 365 days of designated NJSIAA date
- Physical from Dr. on file in nurse's office

***Confirm date with school nurse**



ONLINE REGISTRATION

- Complete the Online Registration for your Fall sport
- Only 1 sport per season

***ALL athletes must complete**



SIGNATURE FORMS

- Sign & return to nurse the Online Signature Form
- All pages must be signed or will not be accepted

***ALL athletes must complete**

ALL 3 STEPS ARE REQUIRED TO PARTICIPATE

Athletic Director: Michael Pellegrino
mpellegrino@ocsdnj.org

School Nurse: Cheryl Cantwell
ccantwell@ocsdnj.org

